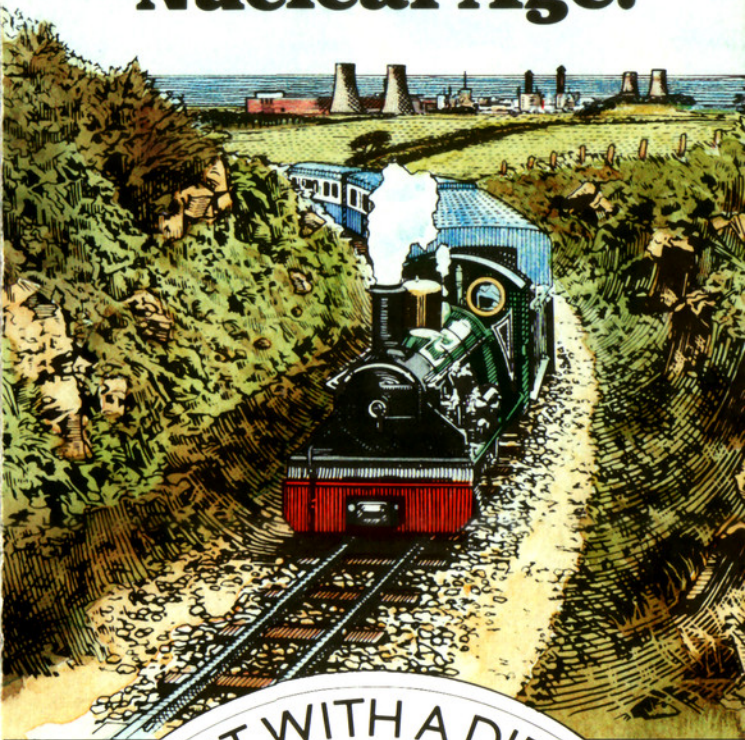
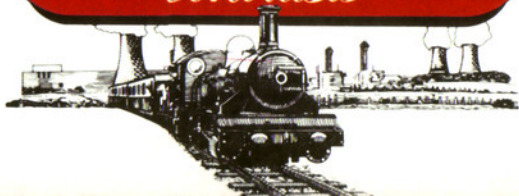


**It's just
one step from
the Railway Age
to the
Nuclear Age.**



A DAY OUT WITH A DIFFERENCE

CUMBRIAN
contrasts



RAVENGLASS & ESKDALE RAILWAY

NARROW GAUGE

One day is all you need to discover a different Lake District. A world of Cumbrian Contrasts, from the Valley of the Trains to the Sellafield Experience.

Take a trip back in time with the Ravenglass and Eskdale Railway, the oldest narrow gauge railway in the country.

And step into the futuristic world of nuclear energy at the spectacular new Sellafield Visitors Centre.

It's only a short journey from one attraction to the other, about 20 minutes along the peaceful Cumbrian coast road. And there's parking at either end, or free coach transfers if you'd rather not drive.

Even if it's raining you can keep the kids happy for hours – everything is undercover at the new Sellafield

The Ravenglass and Eskdale Railway – known locally as “T’laal Ratty” – is over 100 years old. It still carries passengers through Miterdale and Eskdale, two of Cumbria’s most beautiful valleys.

Lovingly maintained steam engines haul the little trains from the coast to the Cumbrian mountains, giving you marvellous views of woodlands and fells.

You can see the history of the railway brought to life in the Railway Museum at Ravenglass (open daily) and visit Muncaster Mill, where traditional stone-ground flour is still made and sold.

Stop for a meal at the Ratty Arms and explore the shops and cafés at Ravenglass or Eskdale (Dalegarth).

And if you fancy a stroll or even a fell walk, there are lots of routes to take with spectacular waterfalls and quiet villages along the way.

And just minutes from the short pleasant route from Ravenglass to Sellafield you'll find

atmospheric journey into the world of nuclear power.

Experience a chain reaction in the Fission Tunnel. Walk into the centre of a nuclear reactor – all simulated of course, but incredibly realistic. And find out about the nuclear industry from the fascinating displays as you make your way through this futuristic exhibition.

Have a meal at the new coffee shop and restaurant and enjoy the panoramic views of Lakeland scenery.

And go on a guided tour of the site by luxury “Sellafield Sightseer” coach with on-board video.

The huge Sellafield complex encompasses the history and future of nuclear energy on one site – from the world’s first industrial-scale nuclear power station to the latest developments which will take nuclear energy into the next century.



FROM THE VALLEY OF THE TRAINS TO THE SELLAFIELD EXPERIENCE.

Visitors Centre, from the coffee shop and restaurant to the high tech exhibition centre.

And there are saloon coaches as well as open carriages on the Ravenglass & Eskdale Railway, so whatever the weather you can spend a whole day discovering Cumbrian Contrasts.

Muncaster Castle. Explore the house and gardens, where Himalayan Honey bears, owls, nature trails and tree walks are just a few of the unexpected discoveries you'll make.

Everywhere you go there's something new to see in West Cumbria, the land of contrasts between the lakes, the hills and the sea.

THE NEW SELLAFIELD VISITORS CENTRE



Prepare your senses for a total experience in sight and sound at the new Sellafield Visitors Centre, where multi-screen presentations and life-size working models surround you on an

The ideal introduction to the nuclear industry for all the family, the site tour is absolutely free and there's no need to book in advance.

Admission to the new Visitors Centre is also free and it's open daily from 10.00am to 6.00pm (April to October) and 10.00am to 4.00pm (November to March) – closed on Christmas Day.

Enjoy a day with a difference – a morning at Sellafield, an afternoon in the Valley of the Trains, it's up to you. However you decide to spend your day of discovery, you'll never forget the Cumbrian experience.



PLAN YOUR DAY

It's easy to get from Ravenglass to Sellafield on the A595 Cumbrian coast road, and the journey only takes about 20 minutes. There's parking at both sites.

Follow the signs at the Blackbeck roundabout to Sellafield for the new Visitors Centre and signs to Ravenglass for the Ravenglass and Eskdale Railway.

If you would like to forget your car for the day, then use the free transfer coach service operating 25th June to 18th September 1988 between Ravenglass and Sellafield. You have a choice of starting points depending on where you have come from.

If you have come from the South you will probably start at Ravenglass with a trip on the train to Eskdale. If you have come from the North you will most likely start your day with the Sellafield Experience. If you have been brave enough to come into Eskdale by Wrynose and Hardknott Passes you will wish to catch the train down the valley to start with.

The choice is yours.

You should allow at least 2 hours for a visit to Sellafield. Site coach tours leave the new Visitors Centre at regular intervals throughout the day, so please check for details on arrival at Sellafield.

If you plan to join the transfer coach, prior booking is advised at busy times by telephoning either Ravenglass (065 77) 226 or Seascale (09467) 27735 between 9am and 12 noon.

For train departures from Ravenglass see the timetable. Coach transfer tickets are also available at the Ravenglass Booking Office.

There are train services to Ravenglass from the North and South, except Sundays, and the British Rail Station adjoins the Ravenglass and Eskdale Railway. The British Rail station at Sellafield is 2½ miles from the Visitors Centre.

SUMMER TRAIN TIMES 1988

Depart RAVENGLASS	Arrive ESKDALE (Dalegarth)	Depart ESKDALE (Dalegarth)	Arrive RAVENGLASS
10.55am	11.35am	12.00	12.40pm
*1.40pm	2.20pm	2.40pm	3.20pm
2.20pm	3.00pm	3.20pm	4.00pm
4.20pm	5.00pm	*5.20pm	6.00pm

* The 1.40 and 5.20 trains do not run after September 1st 1988.
See Ravenglass & Eskdale Railway brochure for full timetable.

FARES: Ravenglass - Eskdale return Adult £3.80, Child £1.90.
'Eskdale Explorer' ticket, 2 Adults and 2 Children (or 3 Adults) including Railway Museum and Unlimited Travel for the day £9.50.

FREE COACH TRANSFER TIMES 1988

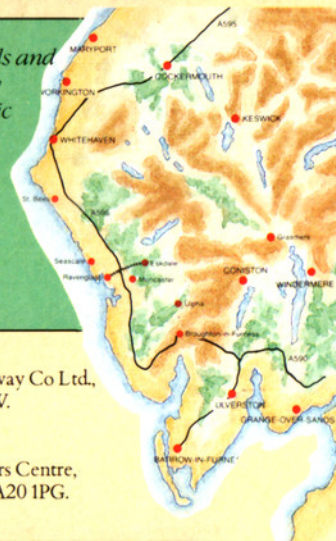
Depart RAVENGLASS	Arrive SELLAFIELD	Depart SELLAFIELD	Arrive RAVENGLASS
1.30pm	1.50pm	1.00pm	1.20pm
4.30pm	4.50pm	3.50pm	4.10pm

UNDISCOVERED CUMBRIA

Get away from the crowds and discover the idyllic beauty of West Cumbria - majestic mountains and sweeping valleys, quiet roads and traditional hospitality.

Once you've discovered West Cumbria you'll want to return year after year.

Contact:
The Ravenglass & Eskdale Railway Co Ltd,
Ravenglass, Cumbria. CA18 1SW.
Tel: Ravenglass (065 77) 226.
OR
British Nuclear Fuels plc, Visitors Centre,
Sellafield, Seascale, Cumbria. CA20 1PG.
Tel: Seascale (09467) 27735.



CUMBRIAN *contrasts*